

Join us to invest in your safety, learn new skills, and develop your confidence. It's a unique, exciting weekend and an ideal present to beat the Winter blues!

**THE PROGRAMME INCLUDES:**

- welcome pack
- unique workshop seminars on Saturday and Sunday
- lunch plus continuous tea and coffee service on both days
- three-course dinner with guest speaker on Saturday night
- final presentation, attendance certificate and *RNLI Sea Safety: The Complete Guide*
- opportunity to look around one of the RNLI's all-weather lifeboats
- use of the Slipway café:bar.

**COST:**

- early-bird price £275 (if booked before 31 December 2011) **SAVE £50**
- standard price £325.

**OPTIONAL:**

- discounted 2-night bed and breakfast package at RNLI College (limited availability)
  - stunning harbour views from all bedrooms
  - double ensuite occupancy £59.50 per room, per night
  - single ensuite occupancy £49.50 per room, per night
- quiz in the Slipway café:bar on Friday night.

**WANT TO KNOW MORE?**

Call RNLI College on 01202 662261 or complete the enquiry form at [rnli.org.uk/nauticalskills](http://rnli.org.uk/nauticalskills).

We look forward to hearing from you and seeing you on 4-5 February 2012.

# NAUTICAL SKILLS WEEKEND

## EXPERIENCE • EXPLORE • DISCOVER

**4-5 February 2012**

An amazing hands-on opportunity with RNLI experts.



Here at RNLI College, we're opening our doors to the boating community to help you prepare for 2012.

Using many of the facilities used to train lifeboat crew and delivered by RNLI College trainers, you'll develop essential techniques to keep you safe at sea and also to know what to do in a number of emergency situations.

Refresh existing skills and understand where you might need to do some extra training!

## HANDS-ON EXPERIENCE

This hands-on practical weekend gives you the opportunity to learn a wide range of skills and includes a mini sea survival experience in the waves of one of Europe's largest sea survival tanks.

There are eight seminars in all, most lasting 45 minutes each, along with a chance to look around one of the RNLI all-weather lifeboats and discover its technology and how it's operated.

With up to three instructors per group and your own guide, who will help you find your way from seminar to seminar, you are guaranteed excellent advice and the opportunity to get answers to those questions you've been meaning to ask.

Not only will you gain useful knowledge and safety tips but also, by supporting this event, you'll be providing funds to help the RNLI continue to save lives at sea.

## WORKSHOP SEMINARS

### SURVIVE THE SAVAGE SEA

Have you ever wondered what it's like to use a lifejacket in a choppy sea or have to take to a liferaft? Well here's your chance ...

- Sample the RNLI college sea survival tank under wave conditions (subject to satisfactory completion of our health declaration form).\*
- See why wearing a lifejacket makes sense.
- Find out what it's like to board and survive in a liferaft.

Be warned, the pool is not heated (expected temperature 16°C) and the conditions are realistic. It's as close as you can get to the real thing!

It will be a memorable experience and one that's sure to make you book onto a sea survival course at the earliest opportunity.

\*Bring your own waterproofs, towels, shoes, shorts and T-shirt for use in the pool. Lifejackets will be supplied.

### LIFEBOAT TO THE RESCUE

What's it like 'out on a shout'? We're offering you the unique opportunity to step aboard a state-of-the-art all-weather lifeboat without even getting your feet wet.

- Take the helm in our lifeboat full mission bridge simulator.
- Experience first-hand teamwork.

- If you're the one being rescued what could you do to ensure you're saved?

This is so real that even the most seasoned of coxswains break out in a sweat as the simulated pitching and rolling provides real training at its very best.

### ALL THINGS THAT BURN!

We've all been taught not to play with fireworks or matches and especially not to hold them in our hands! So it's no wonder you may be more than a little concerned at the thought of firing a flare or setting off a fire extinguisher.

- Become familiar with the different types of pyrotechnics and fire extinguishers.
- Find out which ones to use and when to use them safely.

### EQUIPPED TO SURVIVE

It can be expensive buying the right clothing but there are some things you simply can't do without.

In this seminar we'll take a practical and pragmatic look at what you can do to be better prepared for going to sea.

- Examine lifejackets and personal protective equipment.
- Find out how to check and look after your equipment.

### GET KNOTTED

Do you know your bitts from your bights, get confused with your granny and reef knots and can you untangle your round turn from your rolling hitch?

- Be guided through the multitude of bends and hitches (knots).
- Get hands-on experience of tying off to cleats, bollards, bitts and posts.
- Gain the skills, should you need them, if you ever have to tow or be towed.

### MAN OVERBOARD

Several courses teach you how to get your boat back to a person in the water should they go overboard but how many of them show you how to get them safely out of the water?

The prospect of securing and lifting your partner or sailing companion from the water onto the deck is – pardon the pun – not to be taken lightly.

- Observe and then try several different methods to recover a man overboard on power and sail craft – even if they are 2m tall and 110kg!
- Find out how to adapt these methods and use them aboard your own boat.

### PLOTTING YOUR WAY OUT OF DIFFICULTY

You're often so used to your own boating area that you could place your finger on a chart without even thinking about it. But how would the RNLI find you if you were in difficulty?

- If you're new to boating, find out how to get from A to B.
- If you've some experience already, use this as a refresher to brush up on your skills.
- Learn how to relay your position to the Coastguard or lifeboat in a mayday.
- Practise and build your confidence.

### MECHANICAL MAYHEM?

If something goes wrong, 'What can I do at sea?' Using our own live engine workshop:

- Get those basic diesel engine maintenance and fault-finding tips.
- Cover basic maintenance and fault-finding on an outboard engine.

